



WAPAKONETA

City Schools Elementary School Menu 2016—2017

School Nutrition Staff

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School Nutrition

Meal Prices

Breakfast \$1.20
Reduced Breakfast—Free
Lunch \$2.60
Reduced Lunch \$.40

Pay for Meals @
MySCHOOLBucks.com
OR with Check or Cash

Each day Wapakoneta students enjoy a healthy lunch that meets guidelines set by the National School Lunch Program. Each meal has protein (meat), fruit and vegetables, whole grains (bread) and low fat white or fat free chocolate milk.

If your family meets the eligibility requirements, your child may receive free or reduced price meals. An adult household member needs to complete one application per household, which is available at your child's school or by calling the Food Service Office at 419.739.2909 OR 419.739.2910. Applications are taken throughout the year.

Students can charge 3 lunches or \$10.00. After 3 charges students are served an alternate lunch.

Daily Choices:

PB&J @ Cridersville—Sun Butter Sandwich @ WES—Salad Lunch & Nacho's & Cheese at Both Elementary Schools

Lunch Menu #1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger on Bun French Fries Broccoli Apple Slices & Dip Choice of Milk	French Toast Sausage Links Hash Brown Celery & Baby Carrots Juice Choice/Syrup Choice of Milk	Mini Corn Dogs Mac & Cheese Green Beans Celery Sticks Fruit Choice Choice of Milk	Chicken Nuggets Corn Baked Beans Fruit Choice Pretzel Choice of Milk	Stuffed Crust Pizza Vegetable Choice Baby Carrots & Dip Grapes Choice of Milk

Lunch Menu #2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking Taco Meat & Cheese Corn Refried Beans Orange Wedges Choice of Milk	Popcorn Chicken Mashed potatoes Carrots Coins Fruit Choice Wheat Roll Choice of Milk	Tomato Soup Toasted Cheese Green Beans Fruit Choice Goldfish Cracker Choice of Milk	Chicken Patty / Bun Broccoli & Cheese Celery Sticks Fruit Choice Cookie Choice of Milk	Personal Pizza Vegetable Choice Baby Carrots & Dip Fresh Fruit Choice of Milk

Lunch Menu #3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger / Bun Potato Smiles Chili Soup Apple Slices & Dip Choice of Milk	Pancake on a Stick Egg & Ch Omelet Hash brown Celery Sticks Juice Choice/Syrup Choice of Milk	Turkey & Noodles Mashed Potatoes Carrots Coins Fruit Choice Bread & Butter Choice of Milk	BBQ Chicken Nuggets / Pretzel Corn Broccoli Fruit Choice Choice of Milk	Pizza Rippers Vegetable Choice Baby Carrots & Dip Fresh Fruit Ice Cream Cup Choice of Milk

Lunch Menu #4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soft Taco Meat & Cheese Corn / Lettuce Banana Pudding Choice of Milk	Hot Dog on Bun Baked Beans Celery & Carrots w/Dip Fun Size Chips Fruit Choice Choice of Milk	Cheese Breadsticks Green Beans Marinara Sauce Caramel Apples Juice Choice Choice of Milk	Popcorn Chicken Mashed potatoes Broccoli Fruit Choice Wheat Roll Choice of Milk	Pepperoni Pizza Vegetable Choice Baby Carrots & Dip Fresh Fruit Choice of Milk

This institution is an equal opportunity provider.

Weekly Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
Cereal Super Star Donut Juice & Fruit Choice of Milk	Egg & Cheese on a Roll Elf/Scooby Grahams Juice & Fruit Choice of Milk	Cereal Cheese Stick Juice & Fruit Choice of Milk	Pop Tart Yogurt /Boiled Egg Juice & Fruit Choice of Milk	Waffles OR Pan- cakes Juice & Fruit Choice of Milk

Follow the calendar and color key to our four week lunch cycle.

Menu subject to change.

August 2016	September 2016	October 2016	November 2016	December 2016	January 2017	February 2017	March 2017	April 2017	May 2017
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7 8 9 10 11 12 13	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18	9 10 11 12 13 14 15	7 8 9 10 11 12 13
14 15 16 17 18 19 20	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25	16 17 18 19 20 21 22	14 15 16 17 18 19 20
21 22 23 24 25 26 27	25 26 27 28 29 30 1	23 24 25 26 27 28 29	27 28 29 30	20 21 22 23 24 25 26	29 30 31	19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	21 22 23 24 25 26 27
28 29 30 31		30 31		25 26 27 28 29 30 31		26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	28 29 30 31